Elizabeth Lee Black Breakfast Menu
March 2024

Breakfast
Assorted Cereal w/ Crackers
Applesauce Cup
Assorted Juice

|  |  |  |  | 1. <br> THE NUTRITION GROUP <br> Breakfast <br> Assorted Cereal w/ Crackers <br> Applesauce Cup <br> Assorted Juice |
| :---: | :---: | :---: | :---: | :---: |
| 4. <br> Breakfast <br> Cinnamon Roll <br> Fresh Apple <br> Assorted Juice <br> Milk | 5. <br> Breakfast <br> Assorted Mini French Toast <br> Fresh Orange <br> Assorted Juice <br> Milk | 6. <br> Breakfast <br> Goody Ring <br> Fresh Apple <br> Assorted Juice <br> Milk | 7. <br> Breakfast <br> Assorted Yogurt w/ Crackers <br> Fresh Banana <br> Assorted Juice <br> Milk | 8. <br> Breakfast <br> Assorted Cereal w/ Crackers <br> Applesauce Cup <br> Assorted Juice <br> Milk |
| 11. <br> Breakfast <br> Assorted Cream Cheese Bagels <br> Fresh Apple <br> Assorted Juice <br> Milk | 12. <br> Breakfast <br> Mini Waffles <br> Fresh Orange <br> Assorted Juice <br> Milk | 13. <br> Breakfast <br> Assorted Yogurt w/ Crackers <br> Fresh Apple <br> Assorted Juice <br> Milk | 14. <br> Breakfast <br> Assorted Yogurt cup w/ crackers <br> Fresh Banana <br> Assorted Juice <br> Milk | 15. <br> Breakfast <br> Assorted Cereal w/ Crackers <br> Applesauce Cup <br> Assorted Juice <br> Milk |
| 18. <br> Breakfast <br> Assorted Muffin Tops w/ Crackers <br> Fresh Apple <br> Assorted Juice <br> Milk | 19. <br> Breakfast <br> Assorted Yogurt cup w/ crackers <br> Fresh Orange <br> Assorted Juice <br> Milk | 20. <br> Breakfast <br> Egg \& Cheese on a Muffin Fresh Apple <br> Assorted Juice Milk | 21. <br> Breakfast <br> Assorted Yogurt cup w/ crackers <br> Fresh Banana <br> Assorted Juice <br> Milk | $\underline{22 .}$ <br> NO SCHOOL |
| $\underline{25 .}$ NO SCHOOL | $\underline{26 .}$ $\mathrm{NO} \mathrm{SCHOOL}$ | $27 .$ NO SCHOOL | $\underline{28 .}$ NO SCHOOL | $\underline{29 .}$ NO SCHOOL |

In order to qualify for a reimbursable Breakfast this meal must include the following components: Meat/Meat Alternate, Fruit, Grains, Milk.

Breakfast Milk Choices Daily:
Fat Free Chocolate or $1 \%$ White

